

## HEATHERWOOD Senior Living

**2021 MONTHLY THEMES** 

## Keeping Your Active Lifestyle

Stay active while having fun all year long! Each month features a new theme to activate residents physically, mentally, and spiritually. Join the entertainment, try new experiences, and live life to the fullest together here at Heatherwood!

JAN All Things Elvis

FEB All Things Heartfelt

MAR All Things Celtic

ARP All Things Spring

MAY All Things South of the Border

JUNE All Things Under the Sea

JULY All Things Patriotic

AUG All Things Country Western

SEPT All Things Bountiful

OCT All Things Oktoberfest

NOV All Things Thankful

DEC All Things Christmas Around the World